

2022 Annual Report



HEAL International responds to local priorities in Uganda through the support of education, health initiatives, and leadership development.

Financial Update

Through private donations and our second *World Music and Dance in the Park* fundraiser, we raised over \$85,000 to support our programs. Our fundraising and overhead expenses were 10% of our revenues and were covered by separate matching funds from a corporate partner and other donors. Once again, 100% of your donations went directly to students and programs in Uganda.



Youth Education Sponsorships

In 2022, schools fully reopened following a two year lockdown due to the global pandemic. Our efforts focused on ensuring that children had the resources and materials to return to school. We provided \$24,500 to support 300 students with school fees, school materials and boarding fees for students who lived far away from schools. In early 2022, the CEO of HEAL International travelled to Uganda to undertake a series of home and school visits with students to ensure the return to schools went smoothly.



Post-Secondary Scholarships

Post-secondary schools reopened in 2022, allowing us to support eight medical, nursing and engineering students with \$12,000 in scholarships to complete a post-secondary program. One orphaned student we previously assisted to complete a bachelor's degree in Environmental Health enrolled in a Master's in Public Health program (our first post-graduate degree student)!



St. Lawrence Secondary School Construction

The St. Lawrence Secondary School HEAL International constructed has been operating since 2019. The community in which the school operates is a poor, rural community and to help parents get their children back to school, we provided bursaries to students to make the fees affordable. A \$9,700 contribution provided bursaries for 3 terms for 175 students. Additionally, we contributed \$2,500 for upgrades to the school to enable it to be registered as an examination centre by the Uganda National Examinations Board. This will enable the school students to write their O-level diploma exams at the school rather than having to relocate in their last term to a distant school in order to write these exams. In 2022, a female student received a first class standing in her O-level diploma exam, marking a significant milestone for a rural secondary school.



Global Citizenship and Learning Beyond Borders

HEAL contributes to building global citizenship through the active participation of Canadian university students in our Learning Beyond Borders (LBB) program. LBB students fundraised over \$3,200, which was used to purchase teaching resources in 2022 for three rural Uganda primary schools. These resources helped to improve the quality of teaching, which was reflected in almost 100% of students achieving the top 2 tiers of results in Uganda's standardized Grade 7 Primary Leaving Exams (PLE). In comparison, only 20% of students at these schools achieved this level of scores before our support. Additionally, we funded the installation of solar electricity in these schools. With our additional donation of computer equipment, teachers and students now have the benefit of access to lighting, electricity and technology to help them in their educational journey.



Peer Education Rwenzori

In 2022, we rebranded the Peer Education Kabarole program to the Peer Education Rwenzori (PER) program. This program provides peer-to-peer health education for 9,000 adolescents in 15 schools in western Uganda. We were happy that we could re-establish this program following the school lockdowns. In 2022, we formally launched a new mental health curriculum, the first of its kind for youth in Uganda. This curriculum provides essential information for youth to understand mental health and includes activities that can help youth maintain their mental health. Our program's budget of \$13,000 was used to provide training to 180 peer educators, 12 radio shows and 30 in-school programs, which included assemblies, drama and music programs to promote better health. In 2022, we also established an initiative to distribute 250 reusable menstrual pads to school girls through the PER program, with a plan to continue this in 2023.



Our Honorary Patron

We are delighted to announce that the Honourable Salma Lakhani, Lieutenant Governor of Alberta, has accepted to become an Honorary Patron of our organization. Her Honour was born and raised in Uganda and is guided by her deep commitment to the values of pluralism and inclusion and her dedication to championing those who face barriers in life. We look forward to her Honour's guidance and advice on how we can continue to promote these values in our work with children in Uganda.

We wish to thank our generous donors for making a lasting impact in our communities. Without your contributions, these children would have had very little hope for their future.

We look forward to working with you in 2023 to continue to make a difference in the lives of children in Uganda.

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